



5K Warren Tech nights RUN

October 12th at 9am

Registration opens at 8am

at Warren County Technical School
1500 Route 57, Washington, NJ 07882

Cost \$20 in advance \$25 the day of the race
18 and under \$10

All runners will receive a 5Knights tee shirt.
Awards will given out to the top 3 of each division

For more information

e mail: garar@wctech.org or call: 908 835-2841

Register in advance by logging onto active.com



Hosted by Warren Tech
Cross Country Team

GO KNIGHTS!

WARREN COUNTY TECHNICAL SCHOOL

1500 Route 57 Washington, NJ 07882

5Knights

5K Run

Hosted by the Cross Country Team

October 12th 2019

9:00am

Cost: \$20 in advance. \$25 the day of the race.

18 and under \$10

Registration opens at 8:00am

Name: _____ Age: _____ Male: _____ Female: _____
Address: _____ Phone: _____
Email: _____ Shirt Size: _____
Emergency Contact: _____ Phone: _____

Waiver: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be driveway crossings on the course and assume the risk for running in potential traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the course, all such risks being known and appreciated by me. knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Warren County Technical School, the race committee, volunteers, the cross country team, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to all parties affiliated with the race to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. Per Warren County Technical School course guidelines, Warren County Technical School strongly discourage the use of headphones during any Warren County Technical School event, including training runs, and races. **I HAVE READ AND UNDERSTAND THIS WAIVER:(IF UNDER 18, LEGAL GUARDIAN MUST SIGN).**

Signature _____ Date _____

Completed forms and checks made out to WCTS can be sent to
Ray Gara
Warren County Technical School
1500 Route 57
Washington, NJ 07882
Email garar@wctech.org for additional information